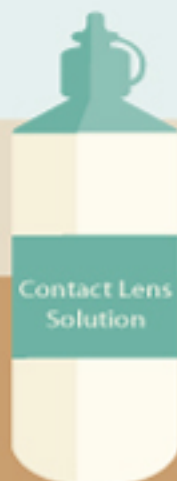


EYE WISE: CONTACT LENSES 101

- ✓ Clean and replace that grimy case.

Rinse your case with solution, rub to clean it, and store it upside down every day.

Get a new case at least every three months.



www.cdc.gov/contactlenses